



Staffordshire County Championships 2023

Day 4 - Saturday 4th February 2023

Session 4

Staffordshire ASA is affiliated to ASA West Midlands Region. Competition is held under Swim England Regulations and Technical Rules and World Para Swimming rules, where they apply.

Warm up

Event	Gender	Stroke	Length	Ages
401	MEN	FLY	50	10/11, 12, 13, 14, 15, 16/0V
402	WOMEN	BREAST	50	10/11, 12, 13, 14, 15, 16/0V
403	MEN	BACK	50	10/11, 12, 13, 14, 15, 16/0V
404	WOMEN	FREE	50	10/11, 12, 13, 14, 15, 16/0V
405	MEN	FREE	1500	10/11, 12, 13, 14, 15, 16/0V

Break (405 recovery, 15 minutes)

406	WOMEN	BREAST	50	Championship Final
407	MEN	FLY	50	Championship Final
408	WOMEN	FREE	50	Championship Final
409	MEN	BACK	50	Championship Final

Warm up / break (60 minutes)

410	MEN	FLY	50	Age Group Final 10/11
411	MEN	FLY	50	Age Group Final 12
412	MEN	FLY	50	Age Group Final 13
413	MEN	FLY	50	Age Group Final 14
414	MEN	FLY	50	Age Group Final 15
415	MEN	FLY	50	Age Group Final 16/0V
416	WOMEN	BREAST	50	Age Group Final 10/11
417	WOMEN	BREAST	50	Age Group Final 12
418	WOMEN	BREAST	50	Age Group Final 13
419	WOMEN	BREAST	50	Age Group Final 14
420	WOMEN	BREAST	50	Age Group Final 15
421	WOMEN	BREAST	50	Age Group Final 16/0V
422	MEN	BACK	50	Age Group Final 10/11
423	MEN	BACK	50	Age Group Final 12
424	MEN	BACK	50	Age Group Final 13

425	MEN	BACK	50	Age Group Final 14
426	MEN	BACK	50	Age Group Final 15
427	MEN	BACK	50	Age Group Final 16/OV
428	WOMEN	FREE	50	Age Group Final 10/11
429	WOMEN	FREE	50	Age Group Final 12
430	WOMEN	FREE	50	Age Group Final 13
431	WOMEN	FREE	50	Age Group Final 14
432	WOMEN	FREE	50	Age Group Final 15
433	WOMEN	FREE	50	Age Group Final 16/OV