



Staffordshire County Championships 2023

Day 3 - Sunday 29th January 2023

Session 3

Staffordshire ASA is affiliated to ASA West Midlands Region.
Competition is held under Swim England Regulations and Technical Rules and World Para Swimming rules, where they apply.

Warm up

Event	Gender	Stroke	Length	Ages
301	MEN	FLY	100	10/11, 12, 13, 14, 15, 16/0V
302	WOMEN	BACK	200	10/11, 12, 13, 14, 15, 16/0V
303	MEN	FLY	100	Championship Final
304	WOMEN	BREAST	100	10/11, 12, 13, 14, 15, 16/0V
305	MEN	FLY	100	Age Group Final 10/11
306	MEN	FLY	100	Age Group Final 12
307	MEN	FLY	100	Age Group Final 13
308	MEN	FLY	100	Age Group Final 14
309	MEN	FLY	100	Age Group Final 15
310	MEN	FLY	100	Age Group Final 16/0V

Warm up / break (60 minutes)

311	MEN	FREE	400	10/11, 12, 13, 14, 15, 16/0V
312	WOMEN	BREAST	100	Championship Final
313	WOMEN	FREE	200	10/11, 12, 13, 14, 15, 16/0V
314	MEN	BREAST	200	10/11, 12, 13, 14, 15, 16/0V
315	WOMEN	BREAST	100	Age Group Final 10/11
316	WOMEN	BREAST	100	Age Group Final 12
317	WOMEN	BREAST	100	Age Group Final 13
318	WOMEN	BREAST	100	Age Group Final 14
319	WOMEN	BREAST	100	Age Group Final 15
320	WOMEN	BREAST	100	Age Group Final 16/0V