

STAFFORDSHIRE ASA 2020 CHAMPIONSHIPS

WARM UP SCHEDULE

Day 5 Saturday - 22 February 2020

First session		
12:00	12:15	LADIES 13 & under General 12:00 - 12:10 - all lanes Starts 12:10 - lanes 1, 2, 3, 6, 7 & 8 Pace 12:10 - lanes 4 & 5
12:15	12:30	LADIES 14 & over General 12:15 - 12:25 - all lanes Starts 12:25 - lanes 1, 2, 3, 6, 7 & 8 Pace 12:25 - lanes 4 & 5
12:30	12:45	MENS 13 & under General 12:30 - 12:40 - All lanes Starts 12:40 - all lanes
12:45	13:00	MENS 14 & over General 12:45 - 12:55 - All lanes Starts 12:55 - all lanes

Second session		
16:15	16:30	LADIES 13 & under General 16:15 - 16:25 - all lanes Starts 16:25 - all lanes
16:30	16:45	LADIES 14 & over General 16:30 - 16:40 - all lanes Starts 16:40 - all lanes
16:45	17:00	MENS 13 & under General 16:45 - 16:55 - All lanes Starts 16:55 - all lanes
17:00	17:15	MENS 14 & over General 17:00 - 17:10 - All lanes Starts 17:10 - all lanes