



Staffordshire Masters 2024
Incl. 15/17, 18/24, & Senior Open Meet
(Including Staffordshire Masters Championships)

Warm Up Schedule

14th April 2024

Session 1 8:40 to 9:25

8:40 – 8:50	Open/Male 35 to 69 years – Lanes 1 to 7 Open/Male 70 years & over – Lane 8	8:50 – 8:55 Lanes 1,2,3,7,8 Sprint Lanes
8:55 – 9:05	Open/Male 34 years & under – Lanes 1 to 4 Female 29 years & under – Lane 5 to 8	9:05 – 9:10 Lanes 1,2,3,7,8 Sprint Lanes
9:10 – 9:20	Female 30 to 64 years – Lanes 1 to 7 Female 65 years & over – Lane 8	9:20 – 9:25 Lanes 1,2,3,7,8 Sprint Lanes

Session 2 12:30 to 13:15

12:30 – 12:40	Open/Male 35 to 69 years – Lanes 1 to 7 Open/Male 70 years & over – Lane 8	12:40 – 12:45 Lanes 1,2,3,7,8 Sprint Lanes
12:45 – 12:55	Open/Male 34 years & under – Lanes 1 to 5 Female 24 years & under – Lane 6 to 8	12:55 – 13:00 Lanes 1,2,3,7,8 Sprint Lanes
13:00 – 13:10	Female 25 to 59 years – Lanes 1 to 7 Female 60 years & over – Lane 8	13:10 – 13:15 Lanes 1,2,3,7,8 Sprint Lanes