

City of Stoke on Trent SC – COSACSS

Squad Structure

Training Venues and times:

Squad	Mon	Tues	Wed	Thurs	Fri	Sat	Hrs.
SENIOR	Fenton 05:45-07:15 16:30-18:30	Holden Lane 17:00-19:00	Fenton 05:45-07:15 16:30-18:30		Fenton 05:45-07:15 16:30-18:30	Fenton 06:00-08:00	14.5
YOUTH		Longton HS 18:15-20:15	Fenton 05:45-07:15	Longton HS 18:00-20:00	Fenton 18:00-20:00	Fenton 06:30-08:00	9.0
INTER North	Wilfield Comunity 18:00-19:30		Holden Lane 18:00-19:30		Fenton 18:30-20:00	Fenton 06:30-08:00	6.0
INTER South	Longton HS 18:00-19:30		Longton HS 18:00-19:30		Fenton 18:30-20:00	Fenton 06:30-08:00	6.0
JUN North	Holden Lane 17:30-18:30		Holden Lane 17:00-18:00		Fenton 16:45-17:45	Fenton 07:00-08:00	4.0
JUN South	Longton HS 17:00-18:00		Longton HS 17:00-18:00		Fenton 16:45-17:45	Fenton 07:00-08:00	4.0
DEVEL 1					Fenton 16:00-16:45		.75
DEVEL 2					Fenton 16:45-17:30		.75
DEVEL 3					Fenton 17:30-18:15		.75
DISABLE Learning					Shelton 18:00-19:00		1.0
DISABLE Physical					Shelton 19:00-20:30		1.5

Fenton: Fenton Manor Sports Centre
 Longton: Longton High School
 Holden Lane: Holden Lane High School
 James Brindley: James Brindley High School
 Wilfield: Wilfield Community College
 Shelton: Shelton Pool