

**STAFFORDSHIRE ASA - SWIMMING RECORDS - SHORT COURSE**  
(as at 31<sup>st</sup> December, 2016)

**MEN**

**FREESTYLE**

50m	23.05	Chris Fox	Wolverhampton	Brisbane	09.09.2007
100m	50.37	Chris Fox	Wolverhampton	Brisbane	09.09.2007
200m	1:50.49	Joseph Hulme	Leek	Millfield	06.12.2014
400m	3:52.24	Tom Derbyshire	Stafford Apex	Nottingham	08.11.2015
800m	8:25.22	Adam Taylor	Walsall	Stechford	21.03.2008
1500m	14:54.52	Tom Derbyshire	Stafford Apex	Sheffield	19.12.2015

**BACKSTROKE**

50m	26.01	David Gregory	Newcastle	Leeds	07.08.2009
100m	53.30	Joseph Hulme	Leek	Sheffield	19.12.2015
200m	1:55.27	Joseph Hulme	Leek	Sheffield	17.12.2015

**BREASTSTROKE**

50m	28.32	Nick Gillingham	Walsall	Gateshead	06.09.1992
100m	1:00.12	Nick Gillingham	Walsall	Stechford	19.10.1991
200m	2:07.91	Nick Gillingham	Walsall	Palma	04.12.1993

**BUTTERFLY**

50m	25.50	Adam Taylor	Walsall	Braunstone	02.11.2008
100m	54.20	Kieran Smith	Chase	Swansea	19.12.2014
200m	1:57.86	Tim Jones	Chase	Sheffield	30.03.1991

**INDIVIDUAL MEDLEY**

100m	59.31	Kieran Smith	Chase	Stafford	01.03.2014
200m	1:59.47	Joseph Hulme	Leek	Sheffield	17.12.2015
400m	4:14.50	Joseph Hulme	Leek	Sheffield	18.12.2015

**WOMEN**

**FREESTYLE**

50m	24.60	Emma Wilkins	Chase	Sheffield	07.12.2013
100m	54.09	Emma Wilkins	Chase	Sheffield	08.12.2013
200m	1:59.63	Terri Dunning	Chase	Stechford	22.03.2008
400m	4:18.78	Niamh Hofland	Bilston/RWS	Matlock	01.10.2016
800m	8:50.51	Megan Carline	Bilston	Stafford	15.03.2014
1500m	17:20.25	Hannah Jones	Stafford Apex	Stechford	09.04.2004

**BACKSTROKE**

50m	28.64	Holly Shepherd	Leek/RWS	Sheffield	17.12.2016
100m	1:01.62	Holly Shepherd	Leek/RWS	Sheffield	15.12.2016
200m	2:10.75	Holly Shepherd	Leek/RWS	Sheffield	18.12.2016

**BREASTSTROKE**

50m	32.62	Katie Raybould	Chase	Corby	08.11.2009
100m	1:08.02	Heidi Earp	Newcastle	Antwerp	14.12.2001
200m	2:25.24	Heidi Earp	Newcastle	Sheffield	08.12.2000

**BUTTERFLY**

50m	26.01	Rachael Kelly	Newcastle	Sheffield	18.12.2015
100m	57.65	Rachael Kelly	Newcastle	Sheffield	07.12.2013
200m	2:06.54	Terri Dunning	Chase	Hungary	13.12.2007

**INDIVIDUAL MEDLEY**

100m	1:03.67	Emma Wilkins	Chase	Leeds	07.08.2009
200m	2:13.21	Terri Dunning	Chase	Paris	17.12.2006
400m	4:49.56	Niamh Hofland	Bilston/RWS	Sheffield	18.12.2016

## JUNIOR MEN

### FREESTYLE

50m	24.48	Adam Rowe	Stafford Apex	Gloucester	04.10.2009
100m	52.81	Adam Rowe	Stafford Apex	Stafford	05.12.2009
200m	1:54.17	Toby Robinson	Wolverhampton	Stafford	16.03.2013
400m	3:59.70	Tom Derbyshire	Stafford Apex	Stafford	16.03.2014
800m	8:32.94	Ben Wood	Chase	W'ton	21.03.2009
1500m	15:56.96	Toby Robinson	Wolverhampton	Stafford	02.03.2013

### BACKSTROKE

50m	26.01	David Gregory	Newcastle	Leeds	07.08.2009
100m	55.75	David Gregory	Newcastle	Leeds	08.08.2009
200m	1:59.48	David Gregory	Newcastle	Leeds	06.08.2009

### BREASTSTROKE

50m	30.78	Chris Fox	Wolverhampton	Sheffield	16.10.2005
100m	1:04.78	Chris Fox	Wolverhampton	Sheffield	16.10.2005
200m	2:15.33	David Gregory	Newcastle	Leeds	09.08.2009

### BUTTERFLY

50m	25.94	Matthew Stevenson	Biddulph	Stafford	15.03.2014
100m	56.83	Matthew Stevenson	Biddulph	Sheffield	20.10.2013
200m	2:05.48	Matthew Stevenson	Biddulph	Stafford	02.03.2014

### INDIVIDUAL MEDLEY

100m	1:00.26	Joseph Hulme	Leek	Stafford	02.03.2013
200m	2:02.23	David Gregory	Newcastle	Leeds	06.08.2009
400m	4:19.87	David Gregory	Newcastle	Leeds	07.08.2009

## JUNIOR WOMEN

### FREESTYLE

50m	26.21	Emma Wilkins	Chase	Haslemere	17.11.2007
100m	56.92	Emma Wilkins	Chase	Sheffield	22.10.2007
200m	2:04.59	Polly Holden	Newcastle	Stafford	31.01.2015
400m	4:18.78	Niamh Hofland	Bilston/RWS	Matlock	01.10.2016
800m	8:50.51	Megan Carline	Bilston	Stafford	15.03.2014
1500m	17:29.88	Laura Wood	Chase	W'ton	04.03.2006

### BACKSTROKE

50m	29.45	Holly Shepherd	Leek	Nottingham	08.11.2015
100m	1:02.40	Ella Bowkley	Bilston	Stechford	19.04.2014
200m	2:13.02	Ella Bowkley	Bilston	Stechford	21.04.2014

### BREASTSTROKE

50m	32.89	Jodie Hawksworth	Cheadle	Sheffield	16.10.2011
100m	1:09.19	Jodie Hawksworth	Cheadle	Sheffield	16.10.2011
200m	2:35.03	Laura Hawkins	W'ton/RWS	Uxbridge	17.12.2016

### BUTTERFLY

50m	28.52	Rachael Kelly	Newcastle	Leicester	02.11.2008
100m	1:01.62	Rachael Kelly	Newcastle	W'ton	20.03.2010
200m	2:18.85	Jessica Sylvester	Newcastle	W'ton	21.03.2004

### INDIVIDUAL MEDLEY

100m	1:04.80	Jessica Sylvester	Newcastle	W'ton	20.03.2004
200m	2:17.48	Holly Shepherd	Leek	Nottingham	07.11.2015
400m	4:49.56	Niamh Hofland	Bilston/RWS	Sheffield	18.12.2016